

# Volunteer News....

Recognizing the Efforts of VA Volunteers in Upstate New York

**Team Up With Us** 



- Volunteers Make the Holidays Brighter for Veterans
- National Salute to Veteran Patients Week
- Volunteer Recognition Events

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### **Web Site**

www.visn2.va.gov/vet/volunteer.asp

The VAVS newsletter has been created for all volunteers and potential volunteers of VA Health Care Upstate New York. This publication is meant to showcase the wonderful work all of our volunteers contribute to VA. Produced by VISN 2 Public Affairs. Printed by Veterans in the Pre-Vocational Apprenticeship Program, Bath VAMC.

### We Want to Hear from You!

If you have any comments, questions, story ideas, etc. contact:
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# **Happy New Year!**

### **Two Calls To Action**

ews - we are launching our rural health care initiative this year. This initiative is a partnership between VHA National Rural Health Care Initiative and VA Health Care Upstate New York. The rural health care initiative is designed as an outreach



program for Veterans living in rural areas such as the Adirondacks, Catskills, parts of the southern tier and the North Country. The outreach program will help Veterans to access health care. This is one initiative that would greatly benefit from volunteer support and increase its chances for success. Please read more about how you can help on page 3.

Spotlight on – being able to communicate with your health care team using secure messaging is now a reality. We want to grow in the number of Veterans we have signed up and completed the In Person Authentication (IPA) for the online My HealtheVet service. Why? Because the My HealtheVet service is a gateway to how 21st century health care will be delivered using new technology to access health care information, monitor health care, refill prescriptions and now communicate safely with your health care team – all online.

Over 24,148 Veterans in upstate New York are enrolled in the My HealtheVet program and 3,554 have completed the most important part - IPA. See promo on page 3 or visit www.myhealth.va.gov to learn more.

I strongly encourage you that if you use our services to register and IPA in the My HealtheVet program. You will be glad you did.

Best wishes,

David J. West, FACHE Interim Network Director

### A New Year, A New Look

In this issue of *Volunteer News*, you will see our new branding and name: VA Health Care Upstate New York. We want to thank all of the Veterans who participated in our focus groups. Your efforts helped us create a bold, clean, and modern look to go with our new name. We added a warm and inviting tagline, *Team Up With Us*, which incorporates our goal to increase the number of Veterans we serve. The tagline also reinforces our new primary care initiative called Patient Aligned Care Team (PACT).

# Rural Health Vans Help Expand Much Needed Program

Through funds provided by VA Central Office and the National Rural Health Care Initiative, VA Health Care Upstate New York was able to purchase 20 new vans for patient transportation. These vans have been added to the local Medical Center's transportation department and the Disabled American Veterans Volunteer Transportation Network (DAV VTN) fleet so that more Veterans are able to get to their medical appointments at VA Medical Centers and community based outpatient clinics. Because so many of our Veterans are sick and disabled, many lack transportation to and from VA medical facilities for needed treatment. With the help of the DAV VTN, Veterans are able to receive the health care that they need at no cost to them.

Dedicated DAV drivers are crucial to this program. As our program expands, we are in need of more volunteer drivers at each of our facilities. If you are interested in becoming a volunteer driver, contact voluntary service at the VA Medical Center nearest you.

### Rural Health Vans (November 2010)

Facility	# of New Rural Health Vans	Miles Driven	Patients Served	Volunteer Hours
Albany	3	774	71	126
Bath	4	5,226	178	181
Canandaigua/Rochester VA Outpatient Clinic	4	3,716	195	361
Syracuse*	5	28,247	810	942
Western New York	4	8,500	375	279

<sup>\*</sup>Syracuse's program is the largest (geographically and number of drivers) throughout upstate New York. Data provided by Syracuse is for the month of September and includes all of the rural health vans they have on the road (not just the new ones.)



Canandaigua DAV Coordinator, Nick Conrad schedules Veteran patients for pickup.



Volunteeer driver, John (Jack) Delaney stands in front of some of Bath's new rural health vans.

FRONT COVER PHOTO: Albany VA Medical Center DAV driver, Greg Wilk gets ready to pick up Veterans for their appointments.

PHOTO CREDIT: Karen Covey

### Open Letter to the Rochester VA Outpatient Clinic DAV

Originally published in the Rochester *Democrat & Chronicle*, November 21, 2010

Deep Gratitude from a Veteran

I wanted to thank the wonderful guys that drive for the Disabled American Veterans organization. Without them, I don't know how some of us would be able to get to our appointments. The drivers are knowledgeable about the areas in which they need to make pick-ups. This gives me a sense of well-being. They are also all Veterans and this makes conversation a breeze. Also I want to thank Jeff for making sure that we get picked up on time. Last but not least, I want to thank all of the wonderful people that work in the VA clinic. They are beautiful people.

George Hurd, Henrietta



My HealtheVet is the gateway to Veteran health benefits and services. It provides access to:

- Trusted health information
- Links to Federal and VA benefits and resources
- A personal health journal
- Online VA prescription refill

www.myhealth.va.gov

# > Albany

# **Event Changes for 2011 Volunteer Recognition**

Our volunteer recognition event will be held on Saturday, June 11. We are planning a less formal picnic type event at the Polish American Citizens Center off of Everett Road. The grounds are level and parking is right next to the pavilion where we will have tables and chairs (not picnic tables/benches) set up for an all-afternoon buffet with all sorts of food, coffee, soda, tea and a cash bar. After a short ceremony and awards, there will be time to socialize and play shuffleboard, as well as other outdoor activities. Watch for your invitation in May.

### 4th of July

Our July 4 picnic last year had an excellent volunteer turnout but not too many of our hospitalized Veterans could attend the picnic or eat the food that was delivered to their bedside. Many of our inpatients are struggling with diabetes, high blood pressure, and obesity. Some have difficulty chewing or swallowing. As our patient population changes, we need to change our activities and events to meet their needs. The following are some of the changes you will see this year:

- Friday, July 1: Recreation will host a picnic for inpatients and Adult Day Health Care Veterans with food supplied by the kitchen
- Sunday, July 3: State Capital Region Elks will host their monthly breakfast for all inpatients
- Monday, July 4: Organizations may sign-up to visit inpatients and distribute gifts, fruit, ice cream, etc. The kitchen will provide a special holiday dinner.

During the holiday week, organizations are encouraged to schedule afternoon and evening recreation events and entertainment.

### **Wish List**

- Pre-paid minutes (cards) for TracFone cell phones
- Disposable razors (triple or quad track)
- Individually wrapped snack crackers
- Gift cards (grocery, department store, etc.)
- Portable CD players with radio and A/C cord for music therapy
- Funds for:
  - GPF 1346 Renovations (to create a more homelike environment) for the Community Living Center (Hospice/Nursing Home)
  - GPF 1337 NuStep TRS4000 recumbent cross trainer

# **Volunteer Opportunities**

- Companion: become a one-on-one companion to a resident in our Community Living Center
- DAV Transportation Drivers (midmorning through the afternoon to cover afternoon appointments)

### Calendar

February 13-19 National Salute to Veteran Patients Week

Friday, February 25
Four Chaplains Brotherhood Award
Ceremony and Reception — 1:00 p.m.
Chapel

March 26 – April 7 Winter Sports Clinic Snowmass, CO

Friday, April 8
Ex-POW Recognition Meeting and Luncheon — 11:00 a.m.

Auditorium

Tuesday, April 12 VAVS Committee Meeting — 1:00 p.m. Auditorium

April 10-16
National Volunteer Week

### **Enlistment Oath**



The Albany Army Recruiting Battalion held their oath of enlistment ceremony at the Albany VA Medical Center auditorium in November. Veterans from the Community Living Center and Adult Day Health Care program were in attendance at the event.

# **The Four Chaplains Brotherhood Award Ceremony**

The Four Chaplains Brotherhood Award Ceremony will be held on Friday, February 25 at 1:00 p.m. in the chapel. This prestigious community award is given (annually) to someone whose service to others demonstrates the spirit of the four chaplains who gave up their life jackets (sacrificing their lives) on the USS Dorchester in 1943 The event, sponsored by Jewish War Veterans Post 105 will host a reception in the auditorium immediately following the ceremony. Please join us to honor this recipient.

# > Bath

# Thank You

During the holiday season, a number of service organizations, individuals, volunteers, staff and community partners donated clothing, televisions, games, books, lap robes, and refreshments. Volunteers provided time, talent and energy to ensure that every Veteran we serve is remembered during the holidays and throughout the year. We are fortunate to be a part of this wonderful giving community.

Without our dedicated volunteers, we would not be able to deliver the extra special touch, special events, or the time and energy our Veteran's enjoy sharing with you. We thank each and every one of you for all you do.

# **Veterans Day Concert**



Teenagers from Freedom Village sang at our Veterans Day event. More than 200 Veterans, family members, staff, and members of the community attended the event

# **Jump Start Program Donation**



Acting Medical Center Director, David Krueger accepts a donation from the Vietnam Veterans Motorcycle Club USA and the New England Region Moving Wall Committee. The group donated items for the Jump Start Program and clothing room. These programs provide new clothing for homeless Veterans and offer Veterans starting over basic household items.

# **Tree Decorating**



Lynn Dinehart, Voluntary Service Manager (back left) pictured with students from an after school program in the Hornell school district who decorated a beautiful tree in the hospital's main lobby.

# Holiday **Donations**

David Menz, the American Legion Riders, various American Legions from all over New York State, as well as several corporate sponsors donated a 52" television, DVDs, Wii games and much more for our Veterans in the Domiciliary and Community Living Center.

## **Holiday Gift Shop**



The American Legion Auxiliary held their annual gift shop in December. Pictured with the American Legion, American Legion Auxiliary, and Sons of the American Legion (6th & 7th districts of New York) is Acting Bath Medical Center Director, David Krueger (top left). The Legion family donates approximately \$10,000 each year towards the purchase of gifts. They help Veterans shop and wrap the presents they select for their loved ones.

# > Bath

## **Volunteer Recognition**

On December 17, we held our second annual cookie exchange and celebration with our volunteers. Great recipes and stories were shared during the event.

Several departments at the Bath VA Medical Center recognized the contributions of their volunteers by including them in their holiday celebrations. All of our volunteers received a holiday pin and calendar for the new year.

## **Building Donation**

The Region 9 UAW donated a large, new building to hold the equipment for Bath VA's bike and fishing programs for our Veterans. The plaque for the building was donated by the B.P.O.E.



### **Care 'N Share**

For more than 20 years, staff at the Bath VA Medical Center have baked, donated funds, and bought toys for the Knights of Columbus holiday program for local children. VA staff raised nearly \$1,000 and donated more than 1,000 toys. (Pictured) Michelle Page, Bath VA employee helped raise money for the effort.



### **DAV Donation**



Acting Medical Center Director, David Krueger (right) accepted a donation from Josephine Minard, DAVA.

## **Holiday Visit**



U.S. Representative Tom Reed (NY-29) (center) and his son Will (left), chat with Jack Williams (right), a Veteran residing at the Bath VA Medical Center, during a recent visit. The Congressman joined members of the Disabled American Veterans (DAV) Chapter 7 and New York Guard who were distributing refreshments and clothing items to Veterans at the facility. Dozens of community and volunteer organizations take time every holiday season to visit the Bath VA Medical Center.

### **Calendar**

February 6 Super Bowl Party

February 7 - 10 Veteran's Art Show

February 14
Valentine's Day Celebration

February 13 – 19 National Salute to Veteran Patients Week - activities throughout the week

February 28 Chili VFW Birthday Celebration for Community Living Center residents

March 10 AF Woodwind Concert

March 28
Chili VFW Birthday Celebration for Community Living Center residents

April 9
Annual Volunteer Recognition Luncheon

Chili VFW Birthday Celebration for Community Living Center residents

Weekly bingo sponsored by Veteran Service Organizations

# Canandaigua

# **Holiday Gift Shop**



Over 100 volunteers turned out to help wrap gifts at the VA gift shop.



The 7th District American Legion Auxiliary holiday gift shop at the Canandaigua VA Medical Center assisted 211 veterans by distributing 584 gifts to their loved ones. Gifts included: sets of bath towels, gloves and scarves, and jewelry, as well as toys and games.

### **Donations**



Bob Allen (left) from the New York Penn American War Dads presents a donation to Robin Johnson, Voluntary Service Manager.



Members of the 40 & 8 present a donation to Hank Riegel, Recreation Therapy Supervisor (second from left).

### **Wish List**

- Deodorant
- Shampoo
- Shaving cream
- Body lotion
- Creamer
- Sugar and sugar substitute
- Baking items (vanilla, sugar, flour)
- Peanut butter
- English muffins
- Bowling/movie tickets
- Gift cards from Wal-Mart/ Wegmans/Tops
- Prepaid phone cards
- Tickets to sporting events, zoo, etc.
- Paper products (plates, napkins)
- New socks, underwear, sweatshirts, sweatpants
- Postage stamps
- Cookie and bread mixes
- Prepaid gas cards
- Heart rate monitors with chest straps

Monetary donations are always welcome. If you or your organization would like to make a donation to the account of your choice, please specify that you are in agreement that food and beverages may be purchased for our Veterans. This is in compliance with the new rules and regulations associated with the purchase of food.

\*Reminder: All volunteers and organizations that serve food to Veterans need to have a copy of their food safety certificate and/or NYS license to serve food on file in Voluntary Service. Please mail yours to our office if you have not done so already.

# Canandaigua

### Retirement



After 35 years of VA service, Patti Ciancaglini will retire in the spring. Patti's hard work, commitment to Veterans and patriotic pride has served as a model for all of us in Voluntary Service. Good luck Patti. We miss you already!

# **Volunteer Opportunities**

Opportunities fill regularly. Please call Louise at (585) 393-7729 for more information.

- Escort (various shifts)
- Adult Day Health Care: Assist with activities/socialization, wheelchair escort, mealtime, etc.
- Mealtime Assistant
- Drivers (various shift and on call) Canandaigua and Rochester
- Hospice Compassionate Companion (as needed)
- Computer Lab (various shifts)
- Clerical (Monday-Friday, various shifts)
- Recreation Therapy (Monday-Friday, various shifts)
- Menu Helper
- Grounds Crew
- Laundry (7:00 a.m.-4:00 p.m., for 3 hour shifts or more)
- Supply: Assist with inventory, audits, filing, travel to clinics (with staff)
- Office Assistant (Rochester, Monday-Friday)

### **Calendar**

All events are held in the building. 5, auditorium unless otherwise noted.

### February 1\*

Rhythm Workshop: Drum Circle — 2:00 p.m. Bingo — 7:00 p.m.

### February 2

VAVS/Community Council Meeting — 1:00 p.m.

### February 13-19

National Salute to Veteran Patients Week Activities

### February 13\*

Senior Citizen Dance — 2:00 p.m.

### February 14

Valentine Distribution/Ward Visitation — 10:00 a.m.

Bee Keepers Association Meeting — 7:00 p.m.

### February 17\*

Bingo — 7:00 p.m.

### February 22

Project Healing Waters Clinic — 7:00 p.m.

### February 23\*

Canandaigua Skychiefs R/C Flying Club — 6:00 p.m.

### February 24\*

Black History Program — TBD

### March 3

Creative Arts Show — 10:00 a.m. - 1:00 p.m.

### March 13\*

Lunch & Bingo — Noon

### March 14

Bee Keepers Association Meeting — 7:00 p.m.

### March 16

American Red Cross Blood Drive — 10:00 a.m. - 3:00 p.m.

### March 17\*

Bingo - 7:00 p.m.

### March 22

Project Healing Waters Clinic — 7:00 p.m.

#### March 23\*

Canandaigua Skychiefs R/C Flying Club — 6:00 p.m.

### April 3\*

Lunch & Bingo - Noon

#### April 5

Rhythm Workshop: Drum Circle — 2:00 p.m. Bingo — 7:00 p.m.

### **April 10-16**

### National Volunteer Week

Refreshments served daily in the volunteer lounge, bldg. 7 and at ROPC and Clinton Crossings

### April13

**Annual Volunteer Awards Banquet — 11:30 a.m.**Burgundy Basin Inn

### April 11

Bee Keepers Association Meeting — 7:00 p.m.

### April 21\*

Bingo — 7:00 p.m.

### **April 26**

Project Healing Waters Clinic — 7:00 p.m.

### April 27\*

Canandaigua Skychiefs R/C Flying Club — 6:00 n m

- \*Escorts are needed 45 minutes prior to the event. Without your assistance, many of the patients may not be able to participate.
- \*\*Catholic mass is every Saturday at 3:00 p.m. and Sunday at 10:30 a.m. in building 5.
- \*\*Protestant services are every Sunday at 8:30 a.m. Call (585) 393-7729 for more information.

# Syracuse

# **Run Raises Money for VA**

In November, FabNine, Inc. hosted the Wounded Warrior 5K Run/Walk in Camillus. The event supported the Syracuse VA Medical Center's Operation Iraqi Freedom and Operation Enduring Freedom programs. The more than \$3,000 that was raised will directly benefit soldiers wounded in battle in Iraq and Afghanistan.

The FabNine started as a group of nine high school students who connected on a common bond of friendship and sports. Following graduation, the FabNine went in different directions to pursue higher education. The separation strengthened the bond of the FabNine and they decided that they wanted to give back to the community where they first met. Now, more than 16 years later, they are still working together to better our community. The Syracuse VA Medical Center thanks them for their support

# **Operation Good Things**

"Operation Good Things" came to the Syracuse VA Medical Center in December with the help of donations dropped off at C & S companies and News Channel 9. Meteorologist and co-host of News Channel 9's Bridge Street, Chris Brandolino was joined by Mike Price (News Channel 9, retired) and "Mr. and Mrs. Claus" to bring holiday cheer and presents to the Veterans at the Medical Center.

# **Volunteer Helps Fill Wish List**

Elizabeth Robar lives quite a distance away from the Syracuse VA Medical Center and is unable to be a regular volunteer; however, she wanted to do something to help our Veterans. Elizabeth asked for a copy of our wish list. We were expecting perhaps a few items on the list – so you can imagine our delight when Elizabeth showed up ready to distribute a cart of presents to our hospitalized Veterans.



Elizabeth Robar (left), Chris Dow (right) and Lloyd Baxter (not pictured) delivered items for patients on the 7th and 8th floors.

### **Music Filled the Air**



The Chittenango High School select chorus, Danan Healey, Terry and Nancy Mitchell and the Stan Colella All Star youth band choirs all visited the Syracuse VA Medical Center during the holiday season. Cato Meridian Chamber Chorus (pictured) performed for Veterans in December, as well.

### VA Volunteers Recognized by RSVP

Retired and Senior Volunteer Program (RSVP) of Onondaga County recognized some of Syracuse's volunteers for the hours they spend volunteering in the community. Syracuse VA Medical Center volunteers: Bill Fowler, George Greene, Donna & Norm Davie, Lois & Don Evans were all recognized for their efforts with Veterans and others in the community.

# **Volunteer Recognition**

In November, we held volunteer recognition events at the Rome VA Outpatient Clinic and the Syracuse VA Medical Center. The theme for the events was, "What is the value of a volunteer?" The answer is, of course, invaluable! Between donated items. activities and money, the Syracuse VA Medical Center was the recipient of over \$3 million last year. However, the number does not measure the invaluable benefits our Veterans receive from our volunteers: social interaction, games, parties, luncheons, dinners, and so much more. Thank you for all you do to enhance our Veterans' lives.

# **Syracuse Wish List**

- Prepaid phone cards (larger minute quantity)
- Coffee service funds (not coffee products)
- Personal care items (trial/ travel sized deodorant, shampoo, shaving cream, body wash, toothpaste, disposable toothbrushes, dental cream, dental adhesive)
- Monetary donations are always welcome. If you or your organization would like to make a donation to the account of your choice, please specify that you are in agreement that food and beverages may be purchased for our Veterans.

# Western New York

### **Veterans Give to their Fellow Veterans**

Vietnam Era Veterans from the Rochester Vet Center donated six recliners to the Community Living Center Pine Lodge at VA Western New York Healthcare System at Batavia. Five recliners were purchased with donated funds at the Direct Buy Outlet, who in turn donated a sixth chair. Matt Guarino coordinated this effort after visiting the facility on several occasions. Matt said, "My father-in-law, a Purple Heart, World War II Veteran was a patient here and I saw a great way to say thank you..."



Pictured (left to right): Pete Wilson, Antonio Eduardo, Les Laszlo, Edward Massare, Matt Guarino, Howard Wilson, Richard Quinlan, Ed Gould, Tony Kuzinicki, and Brenda Spurling (sitting).

# American Legion Post #362 and Tops **Partner to Donate for the Holidays**



The American Legion Post #362 and the Tops in East Aurora donated proceeds/ gifts from a holiday fundraising drive. Items were distributed at VA Western New York Healthcare System. Pictured (left to right): Cindy Panasiewicz, Volunteer Program Intern; Jersey Sheep, American Legion Post #362 Past Commander; Thomas Petrie, Manager, Tops; Nat Gaghich, American Legion Post #362 Commander; and Kelly Roberts, Volunteer Program Specialist.

## **Bowling Association Gives** Generously



The Western New York Bowlers to Veterans Bowling Associations raised \$2,300 for the VA Western New York Healthcare System. Pictured (left to right): Ken Barnes, VA volunteer; Richard Wieand, President, Bowlers to Veterans Bowling Association; and Royce Calhoun, Assistant Medical Center Director, VA Western New York Healthcare System.

# **Sons of the American Legion Show** their Support



The Eden Sons of the American Legion Squadron #660 continue to generously support the Veterans of VA Western New York Healthcare System by donating more than \$10,000 over the past several years. Pictured is a \$1,500 donation that was presented at their November meeting.

### **82nd Airborne Association's Annual Gift Distribution**



Some of the 82nd Airborne Association's members showcase a few of the gifts they distributed to the Veterans of the VA Western New York Healthcare System.

# > Western New York

### Wish List

- Art Therapy supplies Buffalo
- Bus tokens (Niagara Frontier Transportation Authority) -Buffalo
- DVDs Buffalo
- Phone cards Batavia & Buffalo
- Stamps/stationary/birthday cards Batavia & Buffalo
- Treadmill(s) Buffalo
- Comping coupons Batavia & Buffalo
- Comfort items Buffalo
- Gift cards (grocery store) Batavia & Buffalo
- Snack packs Batavia & Buffalo
- Bread mixes Batavia & Buffalo
- New underwear (L, XL, 2XL, 3XL) Batavia & Buffalo
- Hats, gloves, scarves, ear muffs, etc. Batavia & Buffalo
- Funding for:
  - Patient activities Batavia & Buffalo
  - Newspaper and magazine subscriptions Batavia & Buffalo
  - Travel for patients in need Buffalo
  - DAV Volunteer Transportation Program Batavia & Buffalo Send donation directly to DAV Department of New York
  - Homeless Veterans Program: Contact Jacob Anderson for details at (716) 881-5855. – Batavia & Buffalo

Note: Before purchasing any item, please contact Voluntary Service to make sure that the item has not already been purchased. If you are donating used/current magazines, they should be no more than three months old. Also, we no longer have a need for puzzles and can no longer accept VHS tapes or hardcover books.

## **Volunteer Opportunities**

- Adult Day Health Care: Assist Veterans and work with staff - Buffalo
- Clerical Buffalo
- Coffee Cart: Daily coffee cart attendant based on vacancy - Buffalo
- Computer Assistant
  - Assist patients with computer skills Batavia
  - Create electronic documents Buffalo
- DAV Transportation Program Driver -Batavia and Buffalo
- Emergency Room and Women's Wellness Clinic - Buffalo
- Greeters Buffalo
- Guest Parking Lot Shuttle Driver Buffalo
- Mailroom Buffalo
- Patient/Ward Visitation(s) Batavia and Buffalo
- Patient Escort/Transport Batavia and Buffalo
- Physical Therapy Buffalo
- Reminder Phone Calls Buffalo
- Recreational Aide: Assist with/organize activities for patients – Batavia and Buffalo
- Volunteer Office: Assist staff with coordinating special activities and events, photocopying, correspondence, phone calls, faxing, etc. - Buffalo

### Calendar

February 14

National Salute to Veteran Patients Open House — 1:00 p.m.

Buffalo, Freedom Hall Batavia, Community Living Center

February 16

VAVS Quarterly Meeting  $-1:30\ p.m.$ 

Batavia, Bldg. 4, Auditorium

February 21

**President's Day Observance** 

February 23

American Red Cross Blood Drive - 8:00 a.m.

Buffalo, Freedom Hall

March 16

VAVS Quarterly Meeting — 1:30 p.m.

Buffalo, Freedom Hall

**April 9** 

National Former Prisoners of War Recognition Day - Noon

Buffalo, Freedom Hall

**April 17-23** 

**National Volunteer Week** 

April 18

Annual Volunteer Recognition Dinner –

6:00 p.m.

Batavia, Bohn's Restaurant

April 20

Annual Volunteer Recognition Luncheon — 12:30 p.m.

Buffalo, Hearthstone Manor

April 21

American Red Cross Blood Drive –

8:00 a.m.

Buffalo, Freedom Hall

VA Health Care Upstate New York VISN 2 Public Affairs VA at Clinton Crossings 919 Westfall Rd., Bldg. B, Suite 115 Rochester, NY 14618

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### **VA Medical Centers** Community-Based

### **Albany**

113 Holland Avenue Albany, NY 12208 (518) 626-5000

### Batavia

222 Richmond Avenue Batavia, NY 14020 (585) 297-1000

#### Bath

76 Veterans Avenue Bath, NY 14810 (607) 664-4000

### Buffalo

3495 Bailey Avenue Buffalo, NY 14215 (716) 834-9200

#### Canandaigua

400 Fort Hill Avenue Canandaigua, NY 14424 (585) 394-2000 (800) 204-9917

### Syracuse

800 Irving Avenue Syracuse, NY 13210 (315) 425-4400

### Community-Based Outpatient Clinics

#### Auburn

Auburn Memorial Hospital 17 Lansing St. Auburn, NY 13021 (315) 255-7002

### Bainbridge

109 North Main Street Bainbridge, NY 13733 (607) 967-8590

#### Binghamton

425 Robinson Street Binghamton, NY 13901 (607) 772-9100

#### Catskill

Greene Medical Bldg. 159 Jefferson Heights Catskill, NY 12414 (518) 943-7515

### **Clifton Park**

1673 Route 9 Clifton Park, NY 12065 (518) 383-8506

### Coudersport Satellite Clinic of Wellsville

24 Maple View Lane, Suite 2 Coudersport, PA 16915 (814) 260-9342

#### **Dunkirk**

Valor Health Center 166 East 4th Street Dunkirk, NY 14048 (800) 310-5001

### Elizabethtown

P.O. Box 277, Park St. Elizabethtown, NY 12932 (518) 873-3295

#### **Elmira**

Health Services Building 200 Madison Avenue Suite 2E Elmira, NY 14901 (877) 845-3247 ext. 44640

#### Fonda

Camp Mohawk Plaza 2623 State Highway 30A Fonda, NY 12068 (518) 853-1247

#### **Glens Falls**

84 Broad Street Glens Falls, NY 12801 (518) 798-6066

### Jamestown

608 West 3rd Street Jamestown, NY 14701 (716) 338-1511

#### Kingston

63 Hurley Avenue Kingston, NY 12401 (845) 331-8322

### Lackawanna

Our Lady of Victory Family Care Center 227 Ridge Road Lackawanna, NY 14218 (716) 822-5944

### Springville Satellite Clinic of Lackawanna

27 Franklin Street Springville, NY 14141 (716) 592-7400

### Lockport

5883 Snyder Drive Lockport, NY 14094 (716) 438-3890

#### Malone

3372 St. Rt. 11, Main Street Malone, NY 12953 (518) 483-1529

### Mansfiled Satellite Clinic of Elmira

261 St. James Street Suite 104A Mansfield, PA 16933 (570) 662-0507

### Massena

1 Hospital Drive Massena, NY 13662 (315) 769-4253

### Niagara Falls

2201 Pine Avenue Niagara Falls, NY 14301 (800) 223-4810 ext. 65295

#### **Olean**

465 North Union Street Olean, NY 14760 (716) 373-7709

### **Oswego**

437 State Route 104E Oswego, NY 13126 (315) 207-0120

#### Plattsburgh

80 Sharron Avenue Plattsburgh, NY 12901 (518) 561-6247

#### Rochester

465 Westfall Road Rochester, NY 14620 (585) 463-2600

### Rome

Griffis Park 125 Brookley Road, Building 510 Rome, NY 13441 (315) 334-7100

### Schenectady

1322 Gerling St. Sheridan Plaza Schenectady, NY 12308 (518) 346-3334

#### **Tompkins/Cortland County**

1451 Dryden Road Freeville, NY 13068 (607) 347-4101

### Troy

295 River Street Troy, NY 12180 (518) 274-7707

### Warsaw

Wyoming County Community Hospital 400 N. Main Street Warsaw, NY 14569 (585) 786-2233

#### Watertown

19472 U.S. Route 11 Watertown, NY 13601 (315) 221-7026

#### Wellsville

3458 Riverside Drive, Route19 Wellsville, NY 14895 (877) 845-3247 (Bath)

#### **Vet Centers**

Albany Vet Center 17 Computer Drive West Albany, NY 12205

(518) 626-5130

### Binghamton Vet Center

53 Chenango Street Binghamton, NY 13901 (607) 722-2393

### **Buffalo Vet Center**

2372 Sweet Home Road, Suite 1 Buffalo, NY 14228 (716) 862-7350

### Rochester Vet Center

2000 South Winton Road Building 5, Suite 201 Rochester, NY 14618 (585) 232-5040

### Syracuse Vet Center

716 East Washington Street, Suite 101 Syracuse, NY 13210 (315) 478-7127

### Watertown Vet Center

120 Court Street, Suite 20 Watertown, NY 13601 (315) 782-5479



### Upstate New York

 For enrollment information, call 1-888-823-9656

For information on eligibility, VA health care, benefits, enrollment or questions on your billing statement

- For medical care and clinic appointments, call your local primary care doctor or your local VA Medical Center.
- For Reliable Health Information on the Web, visit <u>www.myhealth.va.gov</u>